

GENERAL INFORMATION

This course is for physiotherapists who have already done the Level II course.

Course schedule:

Sunday, June 6th 2010 from 8:30 to 4:30

Monday, June 7th 2010 from 8:30 to 4:30

Deadline for registration:

May 7th 2010

Cost:

\$400,00 + GST (\$20.00)+PST (\$31.50) =
\$451.50.

Location:

Physiotherapy School of the University of Montreal, located at 7077 Park Ave., room to be confirmed.

Language:

The course will be given in **English**.

Maximum number of participants: 40

Cancellation policy:

Before May 7th 2010, full reimbursement.

Between May 8th & May 21st 2010, 50% reimbursement.

After May 21st 2010, no reimbursement.

The Level I & Level II Shoulder Courses are a prerequisite.

Physiothérapie Maheu Killens
1325 Côte Vertu, Bureau 100
St-Laurent, Québec
H4L 1Z1

T. 514.748.0004

F. 514.748.5834



The Shoulder - Level III

June 6th and 7th 2010

With

Lyn Watson

Australian physiotherapist

B.App.Sci.Phty., Grad.Dip.Manip.,

M.P.A.A., Sports Physiotherapist

Make your cheque dated May 7th 2010 to:

9212-5061 Québec Inc.

Deadline for registration: May 7th 2010

Send your registration form to:

Physiothérapie Maheu Killens

1325 Côte Vertu, Bureau 100

St-Laurent, Québec

H4L 1Z1

BIOGRAPHY OF LYN WATSON

Lyn Watson is the Chief Physiotherapist and Head of Department of LifeCare Prahran Sports Medicine Centre, Melbourne, Australia. She lectures on the Masters programmes at both Melbourne and Latrobe Universities. For the past twenty years, she has specialized purely in shoulders and maintains a full clinical practice specializing in the diagnosis, treatment and rehabilitation of a wide range of shoulder conditions. She is currently completing her Phd at Latrobe University on Multidirectional Instability and Thoracic Outlet Syndrome.

Lyn has lectured extensively throughout the USA, Canada, Asia, Europe and Australia. She has also conducted extensive clinical research on the frozen shoulder, glenohumeral joint instability, thoracic outlet syndrome, scapula mechanics and assessment and clinical outcome measures. Her research team has developed new, specific assessment techniques for scapular motion and is investigating the effectiveness of new specific treatment regimes for both thoracic outlet syndrome and glenohumeral joint instability, including specialized taping techniques.

COURSE CONTENT

Sunday, June 6th, 2010

Update on our research on Multidirectional Instability of the Shoulder. Update on new trends in shoulder surgery & diagnosis

Evaluation of 2 real patients

Problem Solving - Case histories given to small groups. Individual Groups to decipher information. Solutions presented to the overall group. Discussion re: diagnosis and management strategies.

Monday, June 7th, 2010

SLAP lesion Update & Differential Diagnosis of biceps tendon pain including SLAP testing and practical session

Evaluation of 2 more patients

Post surgical rehabilitation. Do's & Dont's and updates on surgical management of all shoulder surgeries including shoulder rotator cuff repair, shoulder joint replacement, instability, SLAP lesions and sub-acromial decompressions. Practical session including rehabilitation drills. Summary of current shoulder outcome measures available.

June 6th & 7th 2010

The Shoulder - Level III

Montreal

Name: _____ OPPQ or CPA membership number: _____

Address: _____

City: _____ Postal Code: _____ E-mail: _____

Workplace: _____ Fax: _____

Telephone (Home): (____) _____ - _____ (Work) (____) _____ - _____

Level I Shoulder Course: _____ Level II Shoulder Course: _____

Signature: _____