

# ***THE SHOULDER - LEVEL III***

***June 6<sup>th</sup> and 7<sup>th</sup>, 2010***

## ***Course Objectives***

- To further participant's knowledge base on the current status of research on Multidirectional Instability of the Shoulder.
- To enable the participants to diagnose a patient with Multidirectional Instability of the Shoulder (MDI)
- To improve participant's awareness of the clinical signs and symptoms of MDI
- To facilitate the participants capacity to effectively rehabilitate a patient with MDI
- To increase awareness of the participants of recent trends and development in shoulder surgery
- To further develop and refine the participant's skills in clinical assessment and diagnosis by demonstration of assessment and management of four varying shoulder pathologies.
- To assist in integration of shoulder assessment and management skills by presentation of patient scenarios to participants (case studies) and having them problem solve the scenario. Feedback and discussion will be given to assist in effective integration of information.
- To assist in the differential diagnosis of biceps pain.
- To assist in clinical diagnosis of SLAP lesions by practical session on SLAP tests and lecture format on varying presentations
- To assist therapist communication with patients undergoing shoulder surgery by discussion of common problems and pitfalls of shoulder surgery and what information should be given to the patients.
- To assist in post operative management of all shoulder pathologies by review of post operative management protocols
- To facilitate effective clinical outcome trials by discussion of which clinical outcome measures should be utilized and why?