

THE SHOULDER - LEVEL III

June 6th and 7th, 2010

Course Schedule

Day 1

8:30 AM - 10.30 AM

Lecture - Update on our research on Multidirectional Instability of the Shoulder Update on new trends in shoulder surgery & diagnosis

10.30 AM - 11.00 AM

Coffee break

11.00 AM - 12.00 PM

Patient demonstration #1

12.00 PM - 1.00 PM

Patient demonstration #2

1.00 PM – 2.00 PM

Lunch

2.00 PM - 4.30 PM

Problem Solving - Case histories given to small groups. Individual Groups to decipher information. Solutions presented to the overall group. Discussion re diagnosis and management strategies.

Day 2

8:30 AM - 10.30 AM

SLAP lesion Update & Differential Diagnosis of biceps tendon pain including SLAP testing and practical session

10.30 AM - 11.00 AM

Coffee break

11.00 AM - 12.00 AM

Patient demonstration #3

12.00 PM - 1.00 PM

Patient demonstration #4

1.00 PM – 2.00 PM

Lunch

2.00 PM - 4.30 PM

Post surgical rehabilitation. Do's & Dont's and updates on surgical management of all shoulder surgeries including shoulder rotator cuff repair, shoulder joint replacement, instability, SLAP lesions and sub-acromial decompressions. All the pitfalls and some of the solutions. Group discussion on the pro's and negatives of different surgical management. Practical session including rehabilitation drills. Summary of current shoulder outcome measures available. What to look for? Which ones to use? Suggested strategies.