

COURSE TITLE :

The Temporomandibular Joints : Assessment and Treatment

(Practical course)

DATES: Sunday & Monday, September 26 & 27, 2010

COURSE SCHEDULE (DAY 1): 8:30 to 5:30 PM

DAY 1

8:30 Functional anatomy and biomechanics of the synovial temporomandibular joints

- Joints surfaces and the articular disc
- The two compartments of the TMJ

10:30 Break

10:50 Osteokinematic and arthrokinematic assessment

- Hands on practical

12:30 Lunch

1:30 Muscles of mastication

- Hands on practical

Myogenous craniomandibular and inframandibular syndromes

3:15 Break

3:35 Treatment approach

COURSE SCHEDULE (DAY 2): 8:00 to 3:00 PM

DAY 2

8:00 Review

Mandibular rest position

How to prepare joints for treatment of intracapsular disc pathology

10:30 Break

10:50 Manual therapy hands-on practical

12:30 Lunch (30 min.)

1:00 Basic approach to craniocervical and craniomandibular normalization

- Hands on practical

Break

Treatment approach

General comments / Discussion / Question period