

COURSE TITLE :
The Temporomandibular Joints : Assessment and Treatment
(Practical course)

DATES: *Sunday & Monday, September 26 & 27, 2010*

INSTRUCTOR:
Professor Dr Mariano Rocabado
Dean Faculty of Rehabilitative Sciences,
University of Andres Bello Santiago, Chile

Practical course mainly for physiotherapists and osteopaths but dentists and specialists can also attend if they are interested.

OBJECTIVES OF THE COURSE:

At the completion of this course, the attendee should be able to:

- Identify and discuss the more common disorders of the TMJ
- Perform and interpret the findings of a TMJ evaluation
- Identify and discuss the escalating phases of treatment for the management of TMJ disorders
- Identify the indications for performing intraoral mobilization techniques
- Identify and discuss the rationale for using intraoral orthotic appliances
- Recognize the need for the combined approach between the physical therapy and dental professions

CONTENT OF COURSE:

DAY 1

1. Functional anatomy and biomechanics of the synovial temporomandibular joints
 - Joints surfaces and the articular disc
 - The two compartments of the TMJ
2. Osteokinematic and arthrokinematic assessment
 - Hands on practical
3. Muscles of mastication
 - Hands on practical
4. Myogenous craniomandibular and inframandibular syndromes
5. Treatment approach

DAY 2

1. Review
2. Mandibular rest position
3. How to prepare joints for treatment of intracapsular disc pathology
4. Manual therapy hands-on practical
5. Basic approach to craniocervical and craniomandibular normalization
 - Hands on practical
6. Treatment approach
7. General comments / Discussion / Question period